Some students have found that image files uploaded to Overleaf and then used in their LaTeX code are rotated the wrong way. I Google-ed "latex rotate image" and found this page.
https://latex.org/forum/viewtopic.php?t=9323
Then I tried this in one of my LaTeX files on Overleaf (and left out the "origin=c" part)...
\noindent 
and it worked! Apparently LaTeX assumes you want to rotate about the center of the image unless you tell it to do something else. So leaving out "origin=c" was OK. (This is commonly the case for computer languages, if you don't specify something, the computer language is OK assuming a default value. Note LaTeX assumes "angle=0" unless we specify another angle.)

So use either
\noindent $\backslash$ includegraphics [width=\hsize, angle=180]\{filename_of_image\}
or
\noindent 
in your LaTeX code (and the appropriate scale fraction) when you want to display and image file in figure and it is upside-down.

